



9th Annual GFRC Busa Bushwhack Trail Race* - 10.0 Mile or 5.3 Mile Course

Sunday, October 28, 2012

Register: 8:00 - 8:45 am.

Race start: 9:00 am.

* Listed in the [WMAC Grand Tree Trail Race Series](#) & the [Eastern New England Trail Race Series \(ENETRS\)](#)

Registration Location: Park and start at Brophy School, 575 Pleasant St. (Route 30), Framingham, MA 01701. Please carpool. Registration check in between 8:00 – 8:45 am

Course Maps: [10 mile & 5.3 mile](#) also available at: <http://gfrcrun.org/bushwhack/bushwhack.htm>

Directions: From Route 9 in Framingham, take Temple Street north (near Gulf Gas Station). Go to the end of Temple Street and take a left onto Pleasant Street (Route 30). Brophy School is about ½ mile down the road on the right after Hickey Drive. See [Map](#).

Amenities: Use of school bathrooms and lots of good post race food indoors at the school. Course is well marked and has mile markers. There are two water stops, but we do recommend that you be self-supporting.

Entry Fee: \$20 when received or registered on-line by Friday October 26th; or until race capacity is reached. NO DAY OF registration. Entry fee is non-refundable or transferable. Fee is waived for Trail Race Series directors with mail in application.

Valuable Prizes: For 1st overall male/female finishers and 1st male/female finishers age 65+ in both races. **No duplicates.**

Registration: We encourage you to [register online!](#) at no added cost, or please fill out and mail in the application form below.

Log Trophy Awards: For 1st overall male/female finishers and 1st male/female finishers age 19 and under and each subsequent 10 year age group in both races. **No Duplicates.**

Results: Posted at [Cool Running](#) - Timing by Team GFRC.

Questions/Info: email race director, [trail.runna at yahoo dot com](mailto:trail.runna@yahoo.com) or <http://gfrcrun.org/bushwhack/bushwhack.htm>

Course Description: Natural trails (rocks & roots) of DCR's Callahan State Park. Enjoy your run and be careful not to leave litter behind!

Safety Restrictions: Headphones, ear buds, mp3 players, I pods, strollers, bicycles and pets not allowed in the race.

Retain Top Portion

GFRC Busa Bushwhack Trail Race 10/28/2012; Liability Waiver/Application Form. Please read, complete, print legibly and sign before running: I know that trail running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete this race. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, the conditions of the trails; all such risks being known and understood by me. I also understand that I'm responsible for my own safety at road crossings and that any type of headphones, ear buds, mp3 players, I pods, strollers, bicycles and pets are not allowed in the race. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I hereby for myself, my heirs and anyone entitled to act on my behalf, waive and release any and all rights, claims, actions or liabilities for damages, present, future, anticipated or unanticipated of any kind resulting from or arising to me during this event, on the way to this event, upon leaving this event or incidental to this event that I may have against: The Road Runners Club of America, USA Track and Field, Greater Framingham Running Club, its members, officers, volunteers, the Towns of Framingham, Marlborough, the Commonwealth of Massachusetts, Sudbury Valley Trustees, all sponsors, their representatives and successors and all other individuals, entities and organizations associated with the race. I grant permission to all of the foregoing to use my name, photographs, motion pictures, recordings or any account of this event for any legitimate purpose.

F. Name: L. Name:

City: State: Zip: Age on Race Day:

Email:

Running Club: Male Female Distance: 10.0 M 5.3 M

Runner's Signature: _____ Race Fee: \$20, no day of registration. \$ _____

(Parent or legal guardian's signature if runner is under 18; ID's required): _____ Additional \$ Support Appreciated \$ _____

Date: / / Total Enclosed: \$ _____

Detach and mail signed waiver & completed form with check payable to GFRC to: Barry Ostrow, 6 Braeburn LN., Ashland, MA 01721